

Lake Park Swim Club (2016)
Pool Rules & Regulations
**** 919-916-5671- new phone ****

1. Pool Schedule:

Monday, Tuesday, Wednesday, Friday,	11:00 AM - 8:00 PM
Thursday.....	11:00 AM - 9:00 PM
Saturday, Sunday.....	10:00 AM - 8:00 PM

Baby Pool is available from 9 AM

An adult lap lane will be available for adult swimming,
except during swim practice, swim meets, and holidays.

2. All persons using the pool do so at their own risk. Lake Park Swim Club assumes no responsibility for injury or damage resulting from such use.
3. The Pool Director, Manager and staff will regulate the use of the swimming pool and will maintain control of the pool during operating hours.
4. Pool Rules and Regulations are designed to provide the greatest pleasure for the member and guests. The Pool Director and Manager are given full authority to enforce all swimming regulations and club rules. We want a safe environment for everyone.
5. No one may use the pool unless there is an employed swimming instructor or lifeguard on duty unless authorized by the Pool Director or Manager. When there is NO lifeguard or instructor on duty, children 14 and under must be accompanied by a parent.
6. Lifeguards shall be on duty during most operating hours. Their first priority shall be safety, and they are responsible for enforcing the pool rules. However, PARENTS ARE EXPECTED PERSONALLY TO SUPERVISE THEIR CHILDREN. The responsibility of adults who accompany children to the pool does not cease because a lifeguard is on duty.
7. When arriving at the pool please sign in with your membership # and any guest.
8. **Guest Policy:** The policy is designed to ensure the safety and enjoyment of the members of the pool. The Club encourages members to bring guests on **Guest Day** (Thursday), when the pool is staffed and prepared for guests and various other activities.
 - Members must accompany their guests at all times. All guests are subject to the *Lake Park Rules and Regulations* policy.
 - Guests will sign in the **guest notebook**, their name, address and phone number along with the member's name. If the guest is under 18, a phone number where their parent can be reached in case of an emergency must also be provided. Staff will create and keep record for each guest during the season. Each guest must sign pool waiver form. Each guest may only visit six (6) times a season. Visits on **Guest Day** will be exempted from the six (6) allowed visits.
 - Adult Members will be allowed to purchase an unlimited visit one-season guest pass for \$100 for each guest 16 years of age and under (pass is assigned to one person and is non-transferable). Guest must be accompanied by a member. Guests under 8 years of age must be accompanied by an adult member. These passes will be limited to 10 for the season.
 - Guest fee shall be \$5.00 per person, except on **guest day** when the fee shall be \$3.00 per person. \$15 max per day per membership,
 - Guests may purchase a weekly pass (seven (7) consecutive days) for \$15 per person and must be

accompanied by a member.

- The member is responsible for the sign in & payment of guest fees.
 - Children under the age of two (2) will not be charged a guest fee
 - Houseguests are welcome to visit on any day (weekdays, weekends, holidays, and special events). Houseguests must sign in to the **houseguest notebook**. They shall provide their name, address and emergency phone number along with member's name and dates of visit. ID will be required. The club does not charge fees for houseguests.
 - In the case of a nanny/babysitter, the member must fill out information regarding the nanny/babysitter in advance. These forms are available at the snack bar or on-line. There is no charge for their visits to the pool but they must have member's child (children) with them at all times.
9. No child under the age of 8 shall be left at the pool alone without direct supervision of a parent or responsible adult. In order to leave a child at the pool, a parent must leave a contact phone number where they can be reached at all times and the child must be able to pass the *swim test*. [*Swim test*: a lifeguard must observe the child swim one lap (25yds) without assistance or stopping.]
 10. No horseplay on club grounds will be tolerated. No dunking, splashing, running, boisterous or rough play will be allowed in or around the pool. Violators will be subject to discipline regardless of age. Repeated violations will be grounds for suspension of the membership.
 11. Children must pass a *deep-water test* before they are allowed in the deep water or diving area.
 12. Swimmers who have passed their *deep-water swim test* may use the diving boards and swim in the deep area. When the diving boards are open for use, there shall be only one person on the board at a time. The swimmer may bounce on the board only once before entering the water; and upon completing entry into the pool, the swimmer shall immediately swim to the nearest ladder. There shall be no diving in the direction of either board. Boards are limited to persons weighing up to 250 lbs.
 13. Sliding board is limited to children only. There shall be only one child on the board & ladder apparatus at a time. No backward slides are allowed. The weight limit for the slide is 50 pounds. If the child has not passed a swim test, an adult must supervise the child.
 14. There will be a 10-minute break each hour (*Adult Swim*). All persons under the age of 18 will be required to exit the pool at that time.
 15. Swimming aids, noodles, toys, balls, floats, snorkels, flippers, diving rings, or other similar toys will need to be discussed with the manager or a lifeguard before being allowed in the main pool. Depending on the situation at the pool, the manager or lifeguard will make a decision. Management and the lifeguards have the right to change and/or alter the decision. Permission to use instructional or swimming aids in the shallow end of the main pool only may be given by the manager or the lifeguard on duty.
 16. The baby pool is limited to children under the age of 5. Adults must accompany children in the baby pool at ALL times. Access to the baby pool can start at 9:00am daily. *Children who are not potty trained must wear waterproof swim diapers.*
 17. Glass containers, of ANY KIND, are strictly prohibited in the pool area at all times. Every member is expected to cooperate with this restriction that is a county and state mandate. Failure to follow this pool rule could cause the County to require the Club to drain and refill the entire pool. If a member subjects the Club to this expense due to his/her failure to follow this mandate, then the member shall be responsible for the cost of such drainage and refill cost.
 18. All aluminum cans and plastic bottles shall be placed in the appropriate recycling containers located inside the shelter area. LPK is trying to do its part in recycling.

19. External speakers are **not** allowed at the pool. Personal headsets are allowed, as long as the volume is kept at a reasonable level.
20. **LOUNGES, CHAIRS AND TABLES are RESERVED for ADULTS** on Saturday, Sunday and holidays. Benches and hooks along the fence are available for the belongings of youth and adults at all times so that chairs & tables are free.
21. Parties and gatherings hosted by a member are allowed at the sole discretion of the Pool Director or Manager. Requests for such events must be submitted to the Pool Director or Manager ten (10) days in advance of the event to allow for scheduling of appropriate staff. Please contact the pool director or manager for more details.
22. No pets are allowed in the pool area due to Wake County and North Carolina State regulations governing pools.
23. Please check often for lost items in LOST & FOUND corner by the log cabin and baby pool. Periodically these items are donated to charitable organizations. Effort is made to return items marked with a name.
24. **NO Smoking** on the concrete deck of the pool.
25. Lake Park Swim Club is a private club for its members and their guests. Management reserves the right to refuse entrance and/or membership to anyone for any reason at any time.
26. Anyone on this property is subject to the same rules and policies published here.
27. Definitions of membership types:
 - **Family** -minimum three persons, one must be an adult over 18 years of age in same household
 - **Individual** -Single adult 18 to 59 years of age
 - **Couple** -two people in same household
 - **Sr. indiv** -single 60+ adult
 - **Sr. couple** -two adults both 60+ years old in same household

Thank you,

Lake Park Recreation Association